



Dear Greta,

**You have had enough of blah blah, and so have I!**

I'm as frustrated as you are. COP26 climate talks will bring together heads of state, climate experts and campaigners to allegedly agree coordinated action to tackle climate change.

But we both know better.

They won't be tackling Climate Change in any meaningful way by more talk, by more 'blah blah' as you so eloquently put it.

They won't even consider an important issue that is incredibly vital to the world's survival, and yet rarely if ever discussed, and in fact mostly ignored.

Me, the cow in the room.

**It's a scientific fact that animal agriculture overall is responsible for a staggering 87% of greenhouse gas emissions. So eating animals is one of the leading causes of climate change. Going vegan can save us all. And me.**

Why is that? Well two main reasons. Firstly, and not to put too fine a point on it, I blow off a lot. I naturally emit methane from both ends and always will.

There are at least a billion cows like me being farmed right now, that's a lot of methane coming out.

Secondly, meat producers are forcing us to over-graze and destroy plant life, they're removing vegetation such as trees that would sequester carbon dioxide from the atmosphere.

In fact if grazing lands were restored to forests, they could suck up the CO<sub>2</sub> from all our fossil fuel emissions. Existing grazing lands could also be used to grow crops for you humans to eat, rather than to be inefficiently turned into meat.

And it isn't just about us cows, all animal agriculture contributes to climate change and ill-health in humans. Pigs are still being pumped full of hormones and chemicals that make humans as fat as them.

I know the focus is on fossil fuels but think about it. Encouraging veganism will reduce damage to our climate, and our health, in one simple stroke.

I am a reasonable cow, I don't believe in protests that affect the population, I am not gluing myself to a motorway or surfing the Circle Line. I want to engage in debate.

I know the pressures the meat industry can exert and I know their arguments, which are dishonest, corrupt and often crazy. To listen to them is to subsidise failure, a better way to tackle climate change is through what we eat.

We must be bold, break out of the box, End the killing and burning machine, reset the planet's food system, leave a legacy.

On behalf of all animals, I'll be at COP26, in fact you won't be able to miss me.

**Let's start a movement together.**

**Yours faithfully,**

**Vega,**

**Cow and Climate Healer  
thecowintheroom.org**