



OFFICE OF THE MAYOR
CITY OF NEW YORK

Proclamation

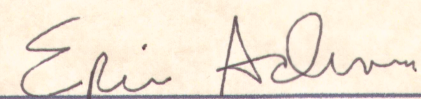
Whereas, The food we eat is one of the most dynamic and powerful forces in our lives. It sparks joy on our tastebuds; it is a vehicle for culture and history, and it revitalizes our spirit while fortifying our body. My Administration is committed to ensuring that all New Yorkers have access to healthful foods, as well as the educational materials to help them understand transformative ways of eating. Through the expansion of lifestyle medicine services at NYC Health + Hospitals and new initiatives such as Plant Powered Fridays, which provides plant-based lunch options to children in school, we have worked to fulfill this important goal, along with the help of allies such as Climate Healers.

Whereas, Climate Healers envisions a more cooperative and equitable society that encourages people to come together in an effort to rejuvenate the natural world. By following the North Star of veganism and plant-based eating, this organization encourages people to uncover the associated environmental and health benefits of this diet, such as a reduced carbon footprint and lower risk of diabetes. Climate Healers also helps simplify the pathway to veganism by sharing recipes, such as its renowned Unity Stew, created with accessible and low-cost foods. It is movements such as this that have the potential to change our food system, and in the process, transform our collective mindset. Through its philosophy, which emphasizes the ideals of compassion, human rights, and oneness, this group is working to eliminate food poverty and build a world with generosity and justice as its base.

Whereas, When we change our dinners, we change our destinies, and in doing so, we save lives. We craft a future fueled by clean, healthy, and tasty energy that allows us to reach new heights and achieve the impossible. Today, we celebrate World Food Healers Day, which occurs on the third Sunday of every month. On these days, Climate Healers serves free plant-based meals to those in need and reminds all of us of the immensely positive impact that we have a fundamental responsibility to make. For their efforts, I am pleased to commend Climate Healers for its commitment to forging a healthful, equitable, and sustainable New York City.

Now therefore, I, Eric Adams, Mayor of the City of New York, do hereby proclaim Sunday, December 18th, 2022 in the City of New York as:

World Food Healers Day


Eric Adams
Mayor

