

CITY OF ORLANDO - OFFICE OF THE MAYOR

WHEREAS,

the EAT-Lancet Commission has declared that because much of the world's population is inadequately nourished and many environmental systems and processes are pushed beyond safe boundaries by food production, a global transformation of the food system is urgently needed; and

WHEREAS,

the United Nations Environmental Program declared that a global shift toward a vegan diet could help save the world from devastating hunger, widespread fuel shortages and catastrophic climate change; and

WHEREAS,

the Academy of Nutrition and Dietetics declared that appropriately planned vegan diets are healthful for all life cycle stages, including pregnancy, lactation, infancy, childhood and adolescence, and declared that vegan diets are associated with lower blood cholesterol, lower risk of heart disease, lower risk of hypertension and type 2 diabetes, lower body mass index and lower overall cancer rates; and

WHEREAS,

the American Journal of Cardiology declared that it is a moral imperative for all members of the medical profession to promote plant-based nutrition; and

WHEREAS,

World Food Healers Day is a global movement that aims to eradicate world hunger and provide access to healthy whole foods, plant-based vegan meals to every human on the planet, regardless of economic status or their background;

NOW, THEREFORE, WE, Buddy Dyer, Mayor of the City of Orlando; and Patty Sheehan, District 4 City Commissioner; do hereby proclaim January 15, 2023, as

"World Food Healers Day"

in the City of Orlando.



IN WITNESS WHEREOF, we hereunto have set our hands and caused the Seal of the City of Orlando to be affixed this 15th day of January, 2023.

Patty Sheehan Commissioner, District 4 Bully Wyr